



St. Luke's International University, Tokyo Asia Africa Midwifery Research Center Newsletter 16



Early Essential Newborn Care Seminar

On October 24-27, 2016, St. Luke's International University hosted the WHO and multi-country joint seminar for Early Essential Newborn Care (EENC) in Tokyo. The aim was to develop midwives from Tanzania and Indonesia as a facilitator to introduce EENC. Midwives from two countries were invited to join the seminar. **Dr. Howard Sobel** and **Dr. Mari Nagai** from WHO Western Pacific Regional Office (WPRO) coached the seminar, and students in St. Luke's and other stakeholders participated as well.

For the opening session, attendants included **Dr. Hiroyuki Yamaya** (Director) and **Dr. Takuma Kato** (Deputy Director) from Ministry of Health, Labor and Welfare, **Dr. Tomomi Kitamura**, **Dr. Masami Miyagawa**, and **Ms. Kimiko Inaoka** from National Center for Global Health and Medicine, and **Dr. Miwako Matsutani** (Dean) and **Dr. Tomoko Kamei** (Director of WHOCC) from St. Luke's.

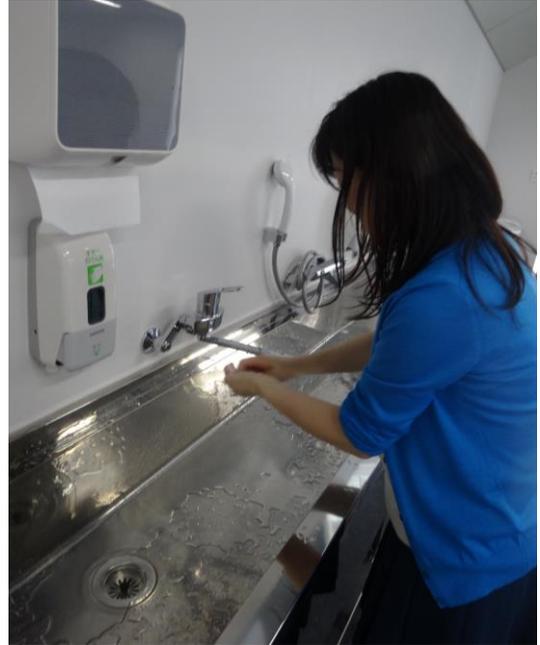
As the host, **Dr. Shigeko Horiuchi** welcomed all from different sides of the world. Dr. Yamaya, Dr. Sobel, Dr. Matsutani, and Dr. Kamei celebrated the first multi-country seminar across the regions.



We followed the module of coaching session on Early Essential Newborn Care developed by WHO. The module used active learning methods. Right after the opening, we moved to the simulation center and started the pre-test so that we can find out the changes after the 2-day.



The pre-test included not only knowledge test, but also practice test on hand-washing. The participants draw their own hands and put hand-washing test lotion. They washed their hands and checked with the black light where in the hands they tend not to wash well.



After the test, the seminar started with demonstration of each country to show how they conduct delivery and newborn care in their everyday practice. After the demonstration, the coach asked several questions on their practice to have them think about the reasons behind of their practice. Sometimes practitioners are so used to what they do that they don't even think about it. The coach also updated the evidence to be the newest as it changes every now and then.





On the first day, they learned what they were supposed to do for normal breathing babies. They practiced the steps and repeated them until they were able to process them properly.



Dr. Hiroshi Nishida, Professor Emeritus of Tokyo Women's Medical University Hospital and the father of newborn care in Japan, commented;

This seminar is very practical and important for all practitioners. I was so impressed by Dr. Sobel's excellent skill of bed-side teaching.



2nd day

The second day started with the review of the 1st day. We made sure everyone understood the steps to care for normal breathing babies. It is important for everyone to catch up with what they are being taught.

From the review, we found that everyone focused and learned a lot from the first day. The participants said it was fun to compare practice of three countries: Tanzania, Indonesia, and Japan, and to learn about the newest evidence.



The main content of the 2nd day was to learn about resuscitation process of non-breathing babies.



The participants learned the essentials and the proper order to save a non-breathing baby with the best evidence. As the timing was important, the process was evaluated with how many minutes they used. In the end of the day, they took post-test, and all of them passed.

3rd day

The 3rd day started with the lecture of Dr. Masanori Tamura, the professor in Saitama Medical University. He lectured on the development of newborn care in Japan and the work of the International Liaison Committee on Resuscitation (ILCOR). He emphasized the importance of international and interdisciplinary collaboration to make a change of their own society.



The last part of the seminar was practice to become a facilitator. They acted as the facilitator as Dr. Sobel did. They also learned how to evaluate the newborn care using the module 3. We discussed how we could continue this seminar in Tanzania and Indonesia in 2017.



Applause for all! Look forward to further collaboration in 2017!

**JSPS Core-to-Core Program
Asia Africa Midwifery Research
Center. Written by Yoko
Shimpuku & Shigeko Horiuchi
<http://university.luke.ac.jp/about/project/aamrc/about.html>**