



St. Luke's International University, Tokyo Asia Africa Midwifery Research Center Newsletter 28



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Feedback Presentation in Dar es Salaam, Tanzania

From August 12th to 20th, 2019, the doctoral student, **Ms. Yumiko Igarashi** visited Dar es Salaam, Tanzania to conduct a feedback presentation for midwives and anesthesiologists in Muhimbili National Hospital.



She conducted a feedback presentation on the obstetric operation theater about “Feasibility of Implementing Early Skin-to-Skin Contact After Repeat Caesarean Section” which was her master’s research. In her masters program, she had been volunteering at Muhimbili National Hospital as a Japan International Cooperate Agency volunteer, and worked together with local staffs at maternity blocks. As one of their activity, they tried to implement early skin-to-skin contact after caesarean section for improvement of maternity care because of high caesarean rate. They conducted this research as a pilot cases of implementation of early skin-to-skin contact after caesarean section.





After the presentation, they discussed about how can they extend early skin-to-skin contact for all mothers. They suggested many ideas.

The results were also fed back to midwives who cooperated with the implementation of health education about early skin-to-skin contact for pregnant women at antenatal clinic. They commented that they felt the importance of education.



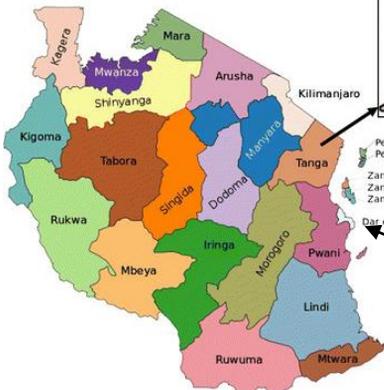
Feedback Presentation in Korogwe and Muheza

At the same time, **Dr. Miyuki Oka** visited Magunga hospital in Korogwe and Teule hospital in Muheza to give a feedback presentation about her dissertation. Korogwe and Muheza are each of the districts in Tanga region which is located in the northwestern part of Tanzania.

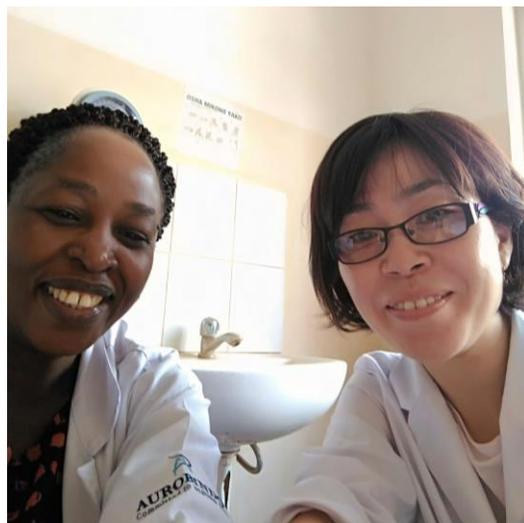
Korogwe Muheza



Dar es Salaam



Map of Tanzania



Ms. Frida Madeni (left) is a research assistant in Korogwe and Muheza. She is a very supportive researcher and a good partner with Dr. Oka.



She gave feedback about the effect of a group antenatal program that taught knowledge of common symptoms of pregnancy in both hospitals.

Also, she provided a part of the group program for nurses and midwives at Muheza hospital.

Participants who watched an animated movie about the pregnancy process with subtitles in Swahili, learnt common symptoms of pregnancy and the methods of coping with these symptoms using pictorial cards, and they played an educational board game for reviewing the program contents.



All participants enjoyed learning new knowledge and the opportunity to learn the new methods. It seems that they especially liked the animated movie and the board game. Playing a board game has been a first experience for most of them. They had never seen dice before, but they soon got used to the board game.

Karibuni
Tanzania!
(タンザニアへようこそ!)

