



Annual Report Form, WHO Collaborating Centres for Nursing and Midwifery Development

Introduction

The WHOCC annual report is designed to provide an update of staff and institutional information as well as the Collaborating Center's accomplishments and challenges related to Key Result Areas as presented in the Strategic Direction for Nursing and Midwifery services 2002-2008.

Annual Reports must be submitted by WHO Collaborating Centres for each year of their current designation period. This report is collected by and forwarded to the WHO Regional Advisers for Nursing and Midwifery of the WHO Regional Office in which the Collaborating Center is located. A copy of the annual report is to be sent to the Global Network of WHO Collaborating centers on Nursing and Midwifery Development for those Collaborating Centers belonging to the Network. The deadline for submission of the report is April 13, 2007.

Centre Name and Address	Contact Name and Title	Email	Phone and Fax
WHO Collaborating Centre for Nursing Development in Primary Health Care at St. Luke's College of Nursing 10-1, Akashi-cho, Chuo-ku, Tokyo 104-0044, Japan	WHO Collaborating Centre for Nursing Development in Primary Health Care at St. Luke's College of Nursing	who@slcn.ac.jp	Phone; 81-3-3543-6391 Fax; 81-3-5565-1626

Last designation: March 15th, 2004

Next Redesignation due: March 14th, 2008

Institutional characteristics

1) Is your institution?... (Please select one)

Public Private Mix

2) Is your institution a (or part of a)?... (Please select)

- University
- Hospital
- Research institute
- Ministry
- Academy
- Other kind of institution

3) Is your source of funding?... (Please select one)

Public Private Mix

4) What proportion of your funding was from the regular budget over the past 2 years? (Please select one)

- 0-25% regular (core) funding
- 26-50% regular (core) funding
- 51-75% regular (core) funding
- over 75% regular (core) funding

5) Actual number of support staff employed by the Centre

9 persons

6) Capacity building/training courses provided by the Centre (please select all that apply)

- Initial technical/vocational training
- Undergraduate training
- Graduate training
- Continuing education/professional training
- Distance/e-learning



Key Result Area 1: Health Planning, Advocacy and Political Commitment.

National development and health plans provide for adequate nursing and midwifery services and expertise.

1) Name of activity related to this Key Result Area

Development of a New Practice Model for Health Promotion, "People -Centered Care" in Japan
Creation and Dissemination of Health Information and an E-Learning Program

2) Description of the activity

Development of New Practice Model for Health Promotion, "People-Centered Care" in Japan :

It is a major challenge for the people to participate in their own health care in Japan. Thus, since 2003, with financial assistance from the Ministry of Education, Culture, Sports, Science and Technology, we are developing a new practice model that aims to work with clients or non-professional people in order to promote their participation in their own health care. Fourteen research projects using mainly community- participatory approach are participating in collaboration with this larger project. Currently, we are synthesizing the common themes and effective methodologies to conceptualize "People Centered Care" in Japan. To this end, a working group is: discussing core concepts of people-centered care; investigating the core elements that are commonly found in our ongoing projects, describing other issues such as how far and in what way people-centered care activities have been formed, what remains to be solved, and how the overall picture of people-centered care may be realized, including responses to challenges.

Creation of Digital Contents of Health Resources and an E-Learning Program

We started the website "Kango-net (*Nursing net*)" in 2003 for disseminating health information and outcomes of fourteen research studies. With the aim of enhancing health literacy, we have been preparing E-learning contents that can be understood by citizens, nursing students, and nursing personnel to promote their proactive participation in medical and health care thus contributing to the promotion of public health.

3) Publications and other relevant outcomes

"Kango-net" website (<http://www.kango-net.jp/>)

4) Evaluation of the activity (indicate participants and methods of evaluation etc)

Development of People-Centered Care in Japan

Since the last fiscal year we have engaged in the analysis of core concepts of people-centered care. We completed the phase of conceptual analysis of experienced knowledge that had been implemented by the working group and the group-work members of workshops. Now we are working on the phase of inductive analysis of the outcome of each research subject using People-Centered Care model.

Creation of Digital Contents of Health Resources and an E-Learning Program

The website traffic of Kango-net (*Nursing net*) has increased 1.5 times from the previous year. At present, the number of visits per month is around 40,000. Issues that need addressing are: a) insufficiency of contents on information to support the enhancement of health literacy of citizens and nursing personnel, b) a way of looking at evidence, c) methodology of evidence-based healthcare (EBHC), and d) method for decision-making. We seek improvements for the next fiscal year by substantially addressing those issues and having citizens and nursing personnel evaluate them in the next fiscal year.

5) Difficulties encountered (if any)

These projects have been funded by a Grant for Center of Excellence from the Ministry of Education in Japan. This grant will be finished by the FY 2008. We are preparing for next funding.

6) Indicate which Terms of Reference the activity under this Key Result Area pertains to:

(2) To identify and promote nursing leadership in primary health care



Key Result Area 2: Management of Health Personnel For Nursing and Midwifery Services.

National employment policies are implemented for the nursing and midwifery workforce that are gender sensitive, based on healthy and safe work environments and conditions, provide for equitable rewards and recognition of competencies, and are linked to a transparent career structure.

1) Name of activity related to this Key Result Area

Appropriate Nursing Personnel Assignment for High-Quality Nursing Services in Japan:
Recognition of the Difficulty in Obtaining Support Related to Mental Health Issues Faced in the Process of Developing Strategy for Provision of People-Centered Care
Strengthen nursing through participating in Council and Committee Activities at the Ministry of Health, Labor and Welfare in Japan

2) Description of the activity

Appropriate nursing personnel assignment for High-Quality Nursing Services in Japan:
During the current fiscal year, we obtained investigative cooperation from nursing administrators of wards that serve functions for acute medical care in hospitals in the vicinity of the central region in Japan, and conducted surveys using those indexes; we analyzed and examined relevance between an index related to nursing personnel assignment and an outcome index based on the data obtained from surveys.

Difficulties which volunteer experts of health counseling for citizens:

The purpose of this research is to identify difficulties which volunteer experts of health counseling for citizens, visiting nurses of clinical psychiatry, and nurses specialized in psychiatry have had, the influencing parameters, and support needed. The discussion details of a case conference provide the data to be analyzed.

Strengthen nursing through participating in Council and Committee Activities at the Ministry of Health, Labor and Welfare in Japan

President Dr. Toshiko Ibe is working for the Japanese Federation of Academic Societies of Nursing Science and Social Security. President Dr. Toshiko Ibe and Professor Mami Kayama are working with the Public Health Nurse, Midwife and Nurse Subcommittee on the Medical Ethics Council at the Ministry of Health, Labor and Welfare. Professor Mami Kayama and Associate Professor Akiko Tonosaki are working with the Public Health Nurse, Midwife and Nurse 'national licensure examination' at the Ministry of Health, Labor and Welfare

3) Publications and other relevant outcomes

Report: Examination of Indexes for Nurse Staffing for Patient Care Safety and Its Outcomes (March 2006)

4) Evaluation of the activity (indicate participants and methods of evaluation etc)

Appropriate nursing personnel assignment for High-Quality Nursing Services in Japan:

We have completed a brochure and video that pulls together information concerning outpatient care, including clarification of patients' questions, which can be considered useful from the nursing perspective. In the future, we are going to hold a seminar for citizens and give out the brochure and video to obtain feedback, and then refine the contents so that we can offer more useful information to citizens.

Difficulties which volunteer experts of health counseling for citizens:

In activities for citizens, when care providers encounter difficulty, they find it hard to share and discuss the information while protecting private data.

5) Difficulties encountered (if any)

Key Result Area 3: Practice and Health System Improvement.

Nursing and midwifery expertise is fully integrated into decision-making process at all levels, and health systems utilize best available practices for care of individuals, families and communities.

1) Name of activity related to this Key Result Area

Japanese Geriatric Care Project/ Community-Based Palliative Care (Hospice Care at Home) Project/ Systematic Development of Home Care Program for Children with Chronic Illness/ Nursing Techniques for Supporting Daily Life/Women-centered Care/ Development of Women-centered Care Guidelines Building of Women-centered Care Models for Infertile Women/ Development of a Program Aiming to Recover Fitness of Cancer Survivors / Development and Implementation of an Effective Health Education Program for Japanese Parents and Children/ Creation and Dissemination of Genetic Nursing in Japan/ Development of a Care Provisioning System for Multi-disciplinary Approach to Cancer Nursing

2) Description of the activity

During the current fiscal year, these projects, as a People Centered Care, developed and provided culturally appropriate programs for students, citizens and health care professionals based on multi-disciplinary approach which facilitates citizen participation.

3) Publications and other relevant outcomes

Papers:

- Development of a Remote Nursing Support System Aimed at Long-Term Home Care and Supervision by Home Oxygen Therapy Providers and Its Effects of Use, Japanese Journal of Telemedicine and Telecare Association, No.1 of Volume 2, page 20-26, April 2006.
- Report on Practice of an Exercise Class for the Prevention of Falls and Fractures As Community Based Participatory Outreach Activities, Bulletin of St. Luke's College of Nursing, 2007 (to be prepared).

Educational materials:

- Picture books entitled "My Body": 6 volumes out of a planned total 7 volumes

Seminars:

- Akiko Mori, Masako Momoi, Shigeko Horiuchi: Stress Management for Women in the Early-stage of Infertility Treatment. The 4th Japanese Society of Infertility Nursing Research Conference, September 3, 2006, Yamanashi Prefecture.
- Akiko Mori: Health-related QOL of Women under General Infertility Treatment. The 51st Japan Society for Reproductive Medicine Annual Meeting and Research Conference, November 10, 2006, Osaka Prefecture.
- Akiko Mori, Masako Momoi, Shigeko Horiuchi, Miki Koyoh: Support for Stress Management for Women in the Early-stage of Infertility Treatment: A Randomized, Controlled Cluster Study. December 3, Hyogo Prefecture.

4) Evaluation of the activity (indicate participants and methods of evaluation etc)

At present, we are making efforts to implement repeated inductive analysis pertinent to the activities of each project. As the next step, it will be necessary to find out common themes from the accumulated results of analysis and bring insight into the meaning of such themes, and thereby establish a comprehensive concept of People Centered Care.

5) Difficulties encountered (if any)

6) Indicate which Terms of Reference the activity under this Key Result Area pertains to:

(1) To develop and evaluate models for nursing in primary health care for an aging society in a developed country, (2) To identify and promote nursing leadership in primary health care, (3) To update standards of nursing education and practice to implement primary health care, (4) To facilitate research development relevant to nursing by identifying research priorities and developing research networks, and (6) To support international collaboration in nursing education, research and practice related to primary health care.



Key Result Area 4: Education of Health Personnel for Nursing and Midwifery Services.

Competent practitioners with appropriate skill mix are available to deal effectively with the current and future challenges of practice.

1) Name of activity related to this Key Result Area

Midwifery course of Master program at Graduate School, St. Luke's College of Nursing
International Nursing course of Master Program at Graduate School, St. Luke's College of Nursing
Short training program for professionals from developing countries
Development of International Collaboration Practice Model Contributing to "Health for All"

2) Description of the activity

St. Luke's College of Nursing, Master's program started new two courses, one is Advanced Midwifery, the other is International Nursing. Master's prepared midwives are expected to expand job descriptions in Japan. Graduates of the "International Nursing" course are expected to work in collaboration for nursing development in developing countries. The center has accepted a number of international groups and individuals from other countries and together we shared our experiences in nursing education, research and practice.

We are also developing an international collaboration practice model for the enhancement of human resources for healthcare and nursing while implementing activities with the aim of counterpart-oriented international collaboration. During the current year (FY 2006), our project teams have proceeded with activities according to the stepwise progression of respective projects; achievements were shared at an international research workshop that we held. At the workshop, there was discussion regarding a proposed model developed based on data with an emphasis on common key words that had been indicated at the previous year's workshop.

3) Publications and other relevant outcomes

Papers:

- Synchronizing the Essence of People-Centered Care and Experiences of Women with Wisdom and Courage, Journal of St. Luke's Society of Nursing Research 10 (1), p68-73, 2006

Presentations:

- International Collaboration for Development of a Baccalaureate Program in Nursing in Afghanistan: Preliminary Progress Report. Yonsei University College of Nursing Centennial International Conference, 2006

4) Evaluation of the activity (indicate participants and methods of evaluation etc)

The reports or presentations of both our students and the visitor students indicated how the students learned differences and similarities of health care system and nursing, culture, and the people. Faculty members evaluated the exchange program as very effective for the visitor students as well as host students and faculty members. In 2007, these exchange programs will continue.

Our research projects are constructed a cross-cultural collaborative activity model in order to acquire competence that enables an approach toward the generation of well-being or improvement of health at the initiative of the counterparts. The future challenge is how to proceed with a collaborative practice according to needs, while assessing how the counterparts address challenges.

5) Difficulties encountered (if any)

6) Indicate which Terms of Reference the activity under this Key Result Area pertains to:

(6) To support international collaboration in nursing education, research and practice related to primary health care.



Key Result Area 5: Stewardship and Governance.

Stewardship and governance of nursing and midwifery services involve the government, civil society and the professions to secure quality of care.

1) Name of activity related to this Key Result Area

Strengthening governmental policy influence in nursing in Japan.

2) Description of the activity

Faculty members of our center are working at the Ministry of Health, Labor and Welfare in Japan; and with the Ministry of Education, Culture, Sports, Science and Technology in Japan.

President Dr. Toshiko Ibe is working for the Pharmaceutical and Food Sanitation Examination Facilities at the Ministry of Health, Labor and Welfare, and for the Public Health Nurse, Midwife and Nurse Subcommittee on the Medical Ethics Council at the Ministry of Health, Labor and Welfare, and for the Social Security Council at the Ministry of Health, Labor and Welfare, and for the medical treatment covered by governmental insurance at the Ministry of Health, Labor and Welfare, and for the study council in terms of reviewing what a care worker should be and care worker's training process at the Ministry of Health, Labor and Welfare, as a representative of Nursing and Midwifery profession.

Professor Shigeko Horiuchi is working for the Nursing Research at Science Council, and for the judging committee for Professional Researchers at Japan Society for the Promotion of Science.

Professor Junko Tashiro is working for the Sub-committee for midterm evaluation of Health Science Evaluation Project at Medical Bureau in the Ministry of Health, Labor and Welfare.

Professor Hishinuma Michiko is working for the Textbook Authorization and Research Council at the Ministry of Education, Culture, Sports, Science and Technology, and for the Universities Subcommittee at the Central Education Council.

Professor Hiroko Komatsu is working for the Institution of Science and Technology measures at the Ministry of Education, Culture, Sports, Science and Technology.

Professor Mami Kayama is working for the Public Health Nurse, Midwife and Nurse government examination at the Ministry of Health, Labor and Welfare, and for the Public Health Nurse, Midwife and Nurse Subcommittee of Medical Ethic Council at the Ministry of Health, Labor and Welfare, and for the Science Research Funds at the Japan Society for the Promotion of Science.

Because faculty members of our centre have been working for at the Ministry of Health, Labor and Welfare in Japan, they have been closely involved in government policy development.

3) Publications and other relevant outcomes

4) Evaluation of the activity (indicate participants and methods of evaluation etc)

5) Difficulties encountered (if any)

6) Indicate which Terms of Reference the activity under this Key Result Area pertains to:



Recommendation, Where Applicable, For:

1) Further implementation of the above activities

2) Revision of the Terms of Reference

Current terms of reference of WHO C. C. at St. Luke's College of Nursing include all aspects of nursing in PHC such as practice, education, research, policy making, international collaboration in nursing education, research and practice related to PHC. Therefore, WHO C. C. will work without any revision of the terms of reference.

3) Preparation for the Terms of Reference for the next designation period (4 years)

St. Luke's College of Nursing is being funded as a Center of Excellence, and developing the People-centered Care Model for Health Promotion during the next designation period until March 2008. The terms of reference should be focused further, the center will prepare for revised terms of reference.

4) Related activities (e.g. follow-up and monitoring)

Along with the progress of the People-centered Care Initiative for Health Promotion, St. Luke's is receiving reviews and suggestions periodically from domestic as well as international evaluators. Based on these suggestions and feedback from the evaluators, the research projects under the people-centered care initiative program will be strengthened and synthesized into a People-centered Care Model for Health Promotion.



Collaboration Between the Centre and WHO

1) Visits by WHO staff (HQ and/or Regional Office) to the Centre

Nursing Advisor of WPRO, Kathleen Fritsch visited St. Luke's College of Nursing and WHO C. C. as an international evaluator of the Center of Excellence "People-centered Care Program".

2) Visits by the Centre staff to WHO (HQ and/or Regional Office)

None

3) Use of the Centre staff by WHO

None

4) Support provided by the Centre staff for courses cosponsored by WHO (HQ and/or Regional Office)

One of our staff, Ms. Nagamatsu participated "Nursing and Midwifery Leadership Summit 2006: Building Leadership Capacity and Disease Prevention in the Western Pacific Region" held from 27th to 30th, November at University of Technology, Sydney Australia .

5) WHO financial support to the Centre through contractual or Technical Services agreement

None

6) Other type of support provided by WHO

St. Luke's College of Nursing is requesting Kathleen Fritsch (Nursing advisor of WPRO) to be an international external evaluator for the COE program, "People-centered Care Initiative for Health Promotion".



Collaboration Between the Centre and WHO (*continued*)

7) Any other collaborative activities (outside WHO but in the interest of WHO and/or the Centre)

Our Centre served as executive member from WPRO of "Global Network" consisting of WHO Collaborating Centers for Nursing and Midwifery from 2003 to 2006.

8) Any difficulties encountered in all of the above collaborations?

It is rather difficult for WHO C.C. at St. Luke's College of Nursing to make contact with nursing advisors of other regions of WHO when our Center works with those in Kenya, Afghanistan, Myanmar which are not within the WPRO region.

9) Suggestions for increased and improved collaboration with WHO

It is important to have more frequent meetings with WHO. It is difficult to find an occasion to communicate with nursing advisors in other regions.

10) Suggestions for increased and improved collaboration with other organizations

r



Collaboration With Other Collaborating Centres

1) Name(s) of other WHO Collaborating Centre(s) with which the Centre has collaborated

- (1) Yonsei University
- (2) Mahidol University
- (3) University of California at San Francisco
- (4) Colombia University
- (5) University of Illinois at Chicago
- (6) Glasgow Caledonian University
- (7) Nairobi University
- (8) Kabul University

2) Nature of the collaborations

The collaboration of the network is facilitating exchange of information as well as human resources who have distinguished knowledge and skills.

3) Outcome (s) of the collaboration

Numbers of distinguished international guest faculty or speakers were invited for especially graduate education and faculty development as well as conferences as key note speakers.

4) Suggestions for increased and improved collaboration with other WHO Collaborating Centres