



Early Skin to Skin Contact Care Seminar in Indonesia



Two Indonesian faculties, **Dr. Yenita Agus** and **Ms. Maulina Handayani** who participated the previous program facilitated and interpreted the seminar in Indonesia.

This seminar provided basic knowledge and skill regarding the preparation of delivery and newborn care immediately after delivery, using an active learning method.

The seminar contents included a demonstration, lecture, role play, and a focus group discussion.

On January 14th, 2017, **Dr. Shigeko Horiuchi**, **Dr. Yasuko Nagamatsu**, and the doctoral students, **Ms. Naoko Maruyama**, **Ms. Rie Tanaka**, and **Ms. Miyuki Oka** visited Indonesia to conduct a seminar for midwives in Tangerang hospital.

We conducted a 3-hour seminar about early skin to skin contact following the Early Essential Newborn Care (EENC) program based on the WHO standards. Opportunely, the program about EENC was held in October 2016 at St. Luke's University.





Birthing simulation device was introduced and Indonesian midwives played a role of mother. The environment of delivery room was simulated such as wash room, air conditioner and so on. The delivery kit that local midwives are using in the Tangerang hospital was used.

Prior to the seminar, the knowledge about early skin to skin care was evaluated using an original scale. At the very beginning of the seminar, we invited an Indonesian midwife for demonstration of the usual delivery care in the Tangerang hospital. The lecture by Ms. Maruyama and Ms. Oka followed. The essential care and the evidences were explained. After the lecture, Dr. Horiuchi and Ms. Tanaka performed the essential care along with the WHO check list.



Most exciting part of the seminar was the role play by participants. Participants practiced the newborn care using the simulation device and other participants checked the procedure using the check list. To stabilize the new skill and knowledge, small group discussion was conducted. All the participants reflected their role play and discussed about the differences from actual practice, difficulties in practice, and possibility of application into daily practice in delivery room. The participants answered the same after the program. Finally the certificate of the seminar was handed to the each participants by Dr. Horiuchi.



All the participants enjoyed learning the new steps of delivery using the active learning method. This seminar was a great opportunity to listen to the midwives' voices and opinion about the usual delivery room practice.



Further, we are planning the next steps for newborn care in Indonesia.

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Asia Africa Midwifery Research Center



Indonesian Padang food



Visit of Lao PDR

Written by Yoko Shimpuku

Photo at Mekong River

WHO Early Essential Newborn Care Monitoring in Lao PDR

From January 23th to 26th, 2017, **Dr. Yoko Shimpuku** and a master’s student, **Ms. Rika Fukutomi** visited Laos PDR to observe the module 3, monitoring of Early Essential Newborn Seminar conducted by WHO Country Office and national/local facilitators.



We first arrived in Vientiane where WHO Country Office is. We visited the annex building of Ministry of Health and received a briefing from **Dr. Hiromi Obara**, who is an advisor for MoH. She is one of the developers of EENC, so it was nice learning from an expert who both knows health system and maternal child health.

As EENC is a set of coaching and monitoring to sustain evidence-based newborn care in health facilities, we came to learn how to conduct monitoring so that we can conduct a set in other countries.



Monitoring called “module 3” was also a combination of clinical practice observation, interview of mothers, and check of hospital environment and medical supply. We learned that by monitoring, trained facilitators remembered the contents of EENC and understood more deeply.

Dr. Shogo Kubota, the team leader of MCH unit in WHO Lao PDR, gave us a lot of insights and consideration for working with frontline workers. Monitoring to sustain the effects of coaching is important. Ownership of the project is also a key. We will put this experience to Tanzania.

